

SOAF Curriculum – Module 4

Title: *Testimony as a Tool of Restoration*

Format: *Faith-Based | Trauma-Informed | Designed for Group or Classroom Use*

Learning Objectives

- Discover the redemptive power of personal testimony in spiritual and emotional healing.
 - Explore how journaling and storytelling become sacred paths toward restoration.
 - Cultivate the courage to express personal truth in spaces of safety, grace, and spiritual guidance.
-

Opening Scriptures

- *Revelation 12:11* — “They overcame him by the blood of the Lamb and by the word of their testimony...”
 - *Psalms 107:2* — “Let the redeemed of the Lord tell their story...”
 - *2 Corinthians 1:3–4* — “The God of all comfort... comforts us so that we can comfort others.”
-

Reflection Prompt

“What story have you carried in silence—and what healing might begin if it were heard with grace?”

Activity 1: *Guided Journaling – “My Turning Point”*

Invite participants to reflect on a moment of deep pain or transformation and how they encountered God in that space.

Guiding Questions:

- What happened?

- How did it shape you emotionally or spiritually?
 - Where did you sense (or long for) God in that moment?
 - What has changed since, and what still needs healing?
-

Optional Activity: *Testimony Circle*

Participants are invited to share 2–3-minute testimonies in small, confidential groups.

Facilitator Note:

- Emphasize safety, non-judgment, and prayerful presence.
 - Participation is always voluntary.
-

Testimony Integration (from the Book)

Reflect on Tyler’s journey of reclaiming his voice through writing and faith-rooted advocacy.

Discuss how testimony transformed silence into sacred strength.

Closing Prayer

“Lord, help us speak not for attention but restoration.

Let our testimonies be healing rivers—for others and ourselves.

Give us grace to remember, courage to speak, and faith to trust that You are writing the story with us.”

Materials Provided

- Guided journal pages
 - Group covenant and safe-sharing guidelines
 - Testimony prompt and reflection cards
-

Session Note

Create a trauma-safe, Spirit-led environment.

Offer space for private journaling or silent participation.

Let the Holy Spirit set the pace.

—

✨ ✨ *Facilitator's Blessing for Module 4: Testimony as a Tool of Restoration*

“They overcame him by the blood of the Lamb and by the word of their testimony...” —

Revelation 12:11

Dear Facilitator,

Before this session begins, take a quiet moment and remember:

Testimony is not performance. It is prophecy. It is the sound of chains breaking.

You are not just inviting people to speak but bearing witness as the Holy Spirit untangles their silence.

Some will come trembling. Others will go quietly. All will come with stories; heaven has never stopped watching.

Let this session be a table where every voice has a seat.

Where shame is dismantled by grace.

Where the louder mercy of God meets the echo of past wounds.

Speak gently.

Listen deeply.

Pray without ceasing.

And above all—remind them:

Their story matters.

Because their story has a Savior in it.

In love,

Tyler